

# Himalayaia Ayurvedic Hospital

## O.P.D Duty Schedule

May-25

Time-09:00am to 03:00pm

| Department      |     | Days            |                  |                  |                  |                 |                  |
|-----------------|-----|-----------------|------------------|------------------|------------------|-----------------|------------------|
|                 |     | Mon             | Tue              | Wed              | Thu              | Fri             | Sat              |
| Kayachikitsa    |     | Dr. Pooja       | Dr Sakshi        | Dr. Pooja        | Dr Sakshi        | Dr. Pooja       | Dr Sakshi        |
| Panchakarma     |     | Dr. Roopali     | Dr. Arvind Gupta | Dr. Akshay       | Dr. Shrimant C   | Dr. Sapna Singh | Dr. Arvind Gupta |
| Shalya Tantra   |     | Dr. Lalit       | Dr. Amit Gautam  | Dr. Varsha       | Dr. Amit Gautam  | Dr. Varsha      | Dr. Amit Gautam  |
| Shalakya Tantra | EYE | Dr. Ranjana     | Dr. Sachin       | Dr Aanchal       | Dr. Ranjana      | Dr. Sachin      | Dr Aanchal       |
|                 | ENT | Dr. Sachin      | Dr Aanchal       | Dr. Ranjana      | Dr. Sachin       | Dr Aanchal      | Dr. Ranjana      |
| Balaroga        |     | Dr Niharika     | Dr. Neeraj S     | Dr Shilpa Pandey | Dr Shilpa Pandey | Dr Niharika     | Dr. Neeraj S     |
| Stri Prasuti    |     | Dr. Sonali J    | Dr. Poonam K     | Dr. Sonali J     | Dr. Poonam K     | Dr. Sonali J    | Dr. Poonam K     |
| Swasthvritta    |     | Dr. Nishant     | Dr Bhagyalaxmi   | Dr. Nishant      | Dr Bhagyalaxmi   | Dr. Nishant     | Dr Bhagyalaxmi   |
| Vish Chikitsa   |     | Dr Satendra Pal | Dr Satendra Pal  | Dr Satendra Pal  | Dr Satendra Pal  | Dr Satendra Pal | Dr A.K Jha       |

उप निमित्त  
 Deputy Medical Superintendent  
 देहरादून

Principal/ Superintendent  
 Principal  
 Himalayaia Ayurvedic Medical College  
 Fatehpur Tanda, Doiwala, Dehradun

# Himalayiya Ayurvedic Hospital

## Schedule of Summer Vacation (Ist Shift)

Date- 09 May 2025 to 29 May 2025 (21 Days)

Time-09:00am to 03:00pm

N.C.I.S.m-25

| Department      |     | Days            |                  |                 |                  |                 |                  |
|-----------------|-----|-----------------|------------------|-----------------|------------------|-----------------|------------------|
|                 |     | Mon             | Tue              | Wed             | Thu              | Fri             | Sat              |
| Kayachikitsa    |     | Dr. Sakshi      | Dr. Sakshi       | Dr. Sakshi      | Dr. Sakshi       | Dr. Sakshi      | Dr. Sakshi       |
| Panchakarma     |     | Dr. Roopali     | Dr. Arvind Gupta | Dr. Akshay      | Dr. Roopali      | Dr. Akshay      | Dr. Arvind Gupta |
| Shalya Tantra   |     | Dr. Lalit Chau. | Dr. Lalit Chau.  | Dr. Lalit Chau. | Dr. Lalit Chau.  | Dr. Lalit Chau. | Dr. Lalit Chau.  |
| Shalakya Tantra | EYE | Dr. Ranjana     | Dr. Ranjana      | Dr. Ranjana     | Dr. Ranjana      | Dr. Ranjana     | Dr. Ranjana      |
|                 | ENT | Dr. Ranjana     | Dr. Ranjana      | Dr. Ranjana     | Dr. Ranjana      | Dr. Ranjana     | Dr. Ranjana      |
| Balaroga        |     | Dr Niharika     | Dr Shilpa Pandey | Dr Niharika     | Dr Shilpa Pandey | Dr Niharika     | Dr Shilpa Pandey |
| Stri Prasuti    |     | Dr. Poonam K    | Dr. Poonam K     | Dr. Poonam K    | Dr. Poonam K     | Dr. Poonam K    | Dr. Poonam K     |
| Swasthvritta    |     | Dr. Nishant     | Dr. Nishant      | Dr. Nishant     | Dr. Nishant      | Dr. Nishant     | Dr. Nishant      |
| Vish Chikitsa   |     | Dr A.K Jha      | Dr A.K Jha       | Dr A.K Jha      | Dr A.K Jha       | Dr A.K Jha      | Dr A.K Jha       |

## Schedule of Summer Vacation (IInd Shift)

Date- 31 May 2025 to 20 June 2025 (21 Days)

| Department      |     | Days             |                 |                  |                 |                  |                 |
|-----------------|-----|------------------|-----------------|------------------|-----------------|------------------|-----------------|
|                 |     | Mon              | Tue             | Wed              | Thu             | Fri              | Sat             |
| Kayachikitsa    |     | Dr. Pooja        | Dr. Pooja       | Dr. Pooja        | Dr. Pooja       | Dr. Pooja        | Dr. Pooja       |
| Panchakarma     |     | Dr. Sapna Singh  | Dr. Shrimant C  | Dr. Sapna Singh  | Dr. Shrimant C  | Dr. Sapna Singh  | Dr. Shrimant C  |
| Shalya Tantra   |     | Dr. Amit Gautam  | Dr. Amit Gautam | Dr. Amit Gautam  | Dr. Amit Gautam | Dr. Amit Gautam  | Dr. Amit Gautam |
| Shalakya Tantra | EYE | Dr. Sachin       | Dr. Sachin      | Dr. Sachin       | Dr. Sachin      | Dr. Sachin       | Dr. Sachin      |
|                 | ENT | Dr. Sachin       | Dr. Sachin      | Dr. Sachin       | Dr. Sachin      | Dr. Sachin       | Dr. Sachin      |
| Balaroga        |     | Dr Shilpa Pandey | Dr. Neeraj S    | Dr Shilpa Pandey | Dr. Neeraj S    | Dr Shilpa Pandey | Dr. Neeraj S    |
| Stri Prasuti    |     | Dr. Sonali J     | Dr. Sonali J    | Dr. Sonali J     | Dr. Sonali J    | Dr. Sonali J     | Dr. Sonali J    |
| Swasthvritta    |     | .....            | .....           | .....            | .....           | .....            | .....           |
| Vish Chikitsa   |     | Dr Satendra Pal  | Dr Satendra Pal | Dr Satendra Pal  | Dr Satendra Pal | Dr Satendra Pal  | Dr Satendra Pal |

हिमालयीय आयुर्वेदिक  
ग्र. पल्लपुर रोड, जीवनवाला

Deputy Medical Superintendent

Himalayiya Ayurvedic Medical College  
Principal/ Superintendent  
Anandpur