

Himalaya Ayurvedic Hospital

O.P.D Duty Schedule

01-01-2026 to 11-01-2026

Time-09:00am to 03:00pm

Department	Days					
	Mon	Tue	Wed	Thu	Fri	Sat
Kayachikitsa	Dr. Pooja	Dr. Pooja	Dr. Pooja	Dr. Pooja	Dr. Pooja	Dr. Pooja
Panchakarma	Dr. Roopali	Dr. Shrimant C	Dr. Akshay	Dr. Shrimant C	Dr. Roopali	Dr. Akshay
Shalya Tantra	Dr Shishir	Dr. Amit Gautam	Dr. Amit Gautam	Dr Shishir	Dr. Amit Gautam	Dr Shishir
Shalaky Tantra	EYE	Dr Shraddha	Dr Shraddha	Dr Shraddha	Dr Shraddha	Dr Shraddha
	ENT	Dr Shraddha	Dr Shraddha	Dr Shraddha	Dr Shraddha	Dr Shraddha
Balaroga	Dr Ashwarya	Dr Ashwarya	Dr Ashwarya	Dr Ashwarya	Dr Ashwarya	Dr Ashwarya
Stri Prasuti	Dr. Sonali J	Dr. Sonali J	Dr Anagha	Dr Anagha	Dr. Sonali J	Dr Anagha
Swasthvritta	Dr. Nishant	Dr. Nishant	Dr. Nishant	Dr. Nishant	Dr. Nishant	Dr. Nishant
Vish Chikitsa	Dr Satendra Pal	Dr Satendra Pal	Dr Satendra Pal	Dr Satendra Pal	Dr Satendra Pal	Dr Satendra Pal
Screening	Dr Apeksha	Dr Apeksha	Dr Kavya	Dr Kalpna	Dr Diksha	Dr Ajeet

Dr. Apeksha
उप चिकित्सा अधीक्षक
हिमालयीय अस्पताल
Deputy Medical Superintendent
आर्य समाज, देहरादून
देहरादून

अपर चिकित्सा अधीक्षक
हिमालयीय अस्पताल
अतिरिक्त चिकित्सा अधीक्षक
Additional Medical Superintendent
देहरादून

Hiray
Principal/Superintendent
Principal
Himalaya Ayurvedic Medical College
Santipur, Dehra Dun, Dehra Dun

Himalayiya Ayurvedic Hospital

O.P.D Duty Schedule

12-01-2026 to 21-01-2026

Time-09:00am to 03:00pm

Department	Days					
	Mon	Tue	Wed	Thu	Fri	Sat
Kayachikitsa	Dr. Ravi Joshi	Dr. Sakshi	Dr. Ravi Joshi	Dr. Sakshi	Dr. Ravi Joshi	Dr. Sakshi
Panchakarma	Dr. Shrimant C	Dr Arvind	Dr Sapna	Dr. Shrimant C	Dr Sapna	Dr Arvind
Shalya Tantra	Dr Varsha	Dr Varsha	Dr Varsha	Dr Varsha	Dr Varsha	Dr Varsha
Shalaky Tantra	EYE	Dr Sachin	Dr Sachin	Dr Sachin	Dr Sachin	Dr Sachin
	ENT	Dr Sachin	Dr Sachin	Dr Sachin	Dr Sachin	Dr Sachin
Balaroga	Dr Kritika	Dr Kritika	Dr Kritika	Dr Kritika	Dr Kritika	Dr Neeraj
Stri Prasuti	Dr. Poonam	Dr. Poonam	Dr. Poonam	Dr. Poonam	Dr. Poonam	Dr. Poonam
Swasthvritta	Dr. Bhagyalaxmi	Dr. Bhagyalaxmi	Dr. Bhagyalaxmi	Dr. Bhagyalaxmi	Dr. Bhagyalaxmi	Dr. Bhagyalaxmi
Vish Chikitsa	Dr Prerna	Dr Prerna	Dr Prerna	Dr Prerna	Dr Prerna	Dr Prerna
Screening	Dr Apeksha	Dr Apeksha	Dr Kavya	Dr Kalpna	Dr Diksha	Dr Ajeet

D. Kaushik
उप चिकित्सक
Deputy Medical Superintendent
श. फतेहपुर टांडा, जीवनवाला
देहरादून

S. B. S.
अपर चिकित्सक अधीक्षक
अभिमान आयुर्वेदिक सुपरिण्डेण्ट
श. फतेहपुर टांडा जीवनवाला
देहरादून

H. M.
Principal
Himalayiya Ayurvedic Medical College
Fatehpur Tanda, Doiwala, Dehradun


Himalayiya Ayurvedic Hospital

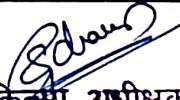
O.P.D Duty Schedule


22-01-2026 to 31-01-2026

Time-09:00am to 03:00pm

Department	Days					
	Mon	Tue	Wed	Thu	Fri	Sat
Kayachikitsa	Dr Ravi Joshi	Dr Sakshi	Dr Pooja	Dr Sakshi	Dr Pooja	Dr Ravi Joshi
Panchakarma	Dr Roopali	Dr Arvind	Dr Akshay	Dr Shrimant	Dr Sapna	Dr Arvind
Shalya Tantra	Dr Shishir	Dr Amit Gautam	Dr Varsha	Dr Shishir	Dr Amit Gautam	Dr Varsha
Shalakya Tantra	EYE	Dr Shraddha	Dr Sachin	Dr Shraddha	Dr Sachin	Dr Shraddha
	ENT	Dr Sachin	Dr Shraddha	Dr Sachin	Dr Shraddha	Dr Sachin
Balaroga	Dr Ashwarya	Dr Ashwarya	Dr Kritika	Dr Kritika	Dr Kritika	Dr Neeraj
Stri Prasuti	Dr Sonali	Dr Poonam	Dr Anagha	Dr Poonam	Dr Sonali	Dr Anagha
Swasthvirita	Dr Nishant	Dr Bhagyalaxmi	Dr Nishant	Dr Bhagyalaxmi	Dr Nishant	Dr Bhagyalaxmi
Vish Chikitsa	Dr Prerna	Dr Prerna	Dr Prerna	Dr Satendra Pal	Dr Satendra Pal	Dr Satendra Pal
Screening	Dr Apeksha	Dr Apeksha	Dr Kavya	Dr Kalpna	Dr Diksha	Dr Ajeet


उप चिकित्सा अधीक्षक
Deputy Medical Superintendent
ग्रा. फतेहपुर टांडा, जीवनवाला
देहरादून


अपर चिकित्सा अधीक्षक
Himalayiya Ayurvedic Hospital
ग्रा. फतेहपुर टांडा जीवनवाला
देहरादून


Principal
Principal/Superintendent
Himalayiya Ayurvedic Hospital
Gat. Fotehpur Tanda, Doiwala, Dehradun